

Rotary Hip

G3-S76



- Allows users to perform hip exercise from the standing position, providing enhanced alignment and increasing target muscle involvement
- Adjustable carriage allows users of varying heights to achieve optimal positioning
- Starting positions are incremental at 15-degree intervals through 270 degrees of rotation for consistency

EASE OF USE

| | |
|------------------------------|-----|
| Ergo Form Cushions | Yes |
| Bottle & Towel Holder | Yes |
| Instructional Placards | Yes |
| Color-coded Pivots & Adjusts | Yes |

FRAME & BELT

| | |
|-------------------------|---|
| Belt Transmission | Reinforced 15/16" flat Kevlar/urethane belt |
| Frame Color | Iced Silver |
| Frame finish | Proprietary two-coat powder process |
| Over-sized Frame Tubing | Yes |

TECH SPECS

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|--------------------|--|
| Shipping Weight | 331 kg / 730 lbs. |
| Total Weight | 295 kg / 650 lbs. |
| Overall Dimensions | 111.7 x 119.7 x 184.3 cm / 44.0" x 47.1" x 72.6" |
| Weight Stack | 134 kg / 295 lbs. |

WEIGHT STACK

| | |
|--|--|
| Weight Pins | Magnetic & tethered |
| Deck Step Height | Yes |
| Guards & Pulleys Covers | Yes |
| Suspension | 3-Point Design |
| Self-lubricating Weight Stack Bushings | Solid cold-rolled steel plate, with Teflon inner bushings. |