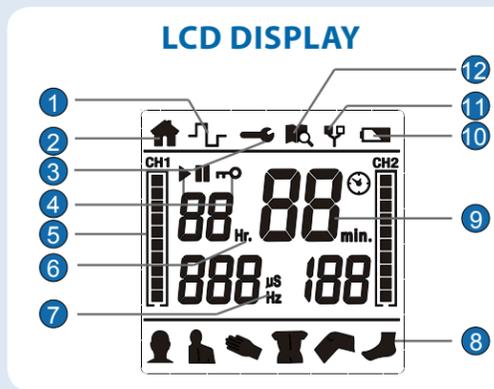


- 1 Waveform Mode
- 2 Home Screen
- 3 Set Mode
- 4 Output: Start, Pause or Lock
- 5 Channel 1 intensity level
- 6 Compliance Meter (hours)
- 7 Output Intensity of Channel 1
- 8 Body Part Selection
- 9 Treatment Time (minutes)
- 10 Low-Battery Indicator
- 11 Load Indicator
- 12 Compliance Meter Mode



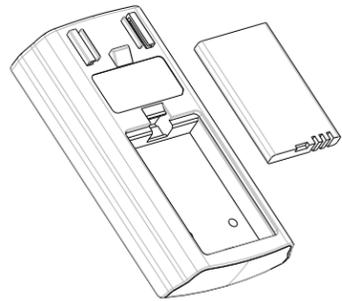
Never remove the self-adhesive electrodes from the skin while the device is turned on!

WARNING: Device will not work while charging. Device is partially charged upon receipt. If the electrodes are not placed firmly on the skin or the device has not connected with the lead wires securely, and the output intensity level is equal or greater than 10mA, the intensity will stop automatically.



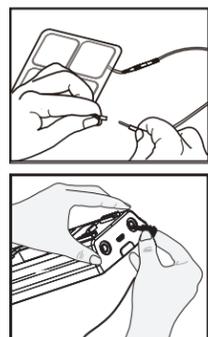
IMPORTANT!

1 INSERT BATTERY



Press down on the belt clip to release it. Remove the battery cover and insert the battery as shown in the diagram. Replace the battery cover and belt clip.

2 CONNECT LEAD WIRES



Make sure the device is completely turned **OFF**. Take the pads out of the sealed package; insert the lead wire pin into the electrode pigtail. Make sure no bare metal is exposed.

Insert the lead wires into the output sockets located at the top of the device.

Note: If only using one channel, only plug in 1 lead wire.

3 TURNING THE DEVICE ON OR OFF



Press the [⏻] button to turn the device "ON" or "OFF".

If there is an immediate need to pause treatment, press the [M/II] button to pause treatment.

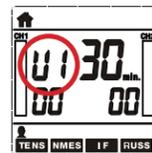
Press it again to continue treatment or press [⏻] to stop treatment and go back to the home screen.

4 SELECT THERAPEUTIC BODY PART



There are 6 therapeutic body part buttons available: neck, shoulder, hand, low back, knee and foot. Each therapeutic part has 3 programs – P1, P2 and U1. Total of 72 programs.

5 SETTING THE MANUAL PROGRAM — U1



Select Treatment Mode & Body Part

Press [M/II] button to select the TENS/NMES/IF or RUSS treatment mode. Select the body part which you want to treat. Then press the body part button until the LCD displays program "U1" like the first screen on the left.

Set Treatment Time

Press [S] button to enter treatment time and the "min." will flash. Press [+] or [-] button to adjust the treatment time.

6 TENS — SET PULSE RATE



Set Pulse Rate

Press [S] button to enter the pulse rate and the "Hz" will flash. Press [+] or [-] button to adjust pulse rate.

7 TENS — PULSE WIDTH & START TIME



Pulse Width

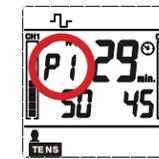
Press [S] button to enter the pulse width and the "μs" will flash. Press [+] or [-] button to adjust the pulse width.

Start Treatment

Press [CH1+] or [CH2+] to increase the output intensity of channel 1 and/or channel 2. Press [CH1-] or [CH2-] to decrease the output intensity of channel 1 and/or channel 2.

When done, press [S] or [⏻] to confirm and return to the home screen.

8 TENS — SET PRESET PROGRAMS — P1 & P2



Select Treatment Mode

Press [M/II] button to select the **TENS** treatment mode. Select the body part which you want to treat. Press the body part button until the LCD displays program "P1" or "P2" like the screen on the left.

To **set your treatment time** refer back to **Step 5**. To **start your treatment** refer back to **Step 7**.

9 NMES — SETTING THE MANUAL PROGRAM — U1

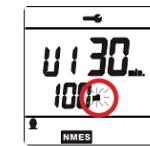
To **set your NMES Manual Program** refer back to **Step 5**, then return to **Step 10**.

10 NMES — SET PULSE WIDTH & PULSE RATE



Set Pulse Rate

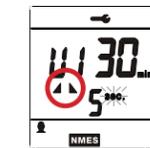
Press [S] button to enter the pulse rate and the "Hz" will flash. Press [+] or [-] button to adjust pulse rate.



Pulse Width

Press [S] button to enter the pulse width and the "μs" will flash. Press [+] or [-] button to adjust the pulse width.

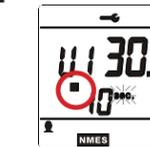
11 NMES — SET RAMP UP TIME



Set Ramp Up/Down Time

Press [S] button to set the ramp up and down time and the "sec." will flash and you will see the image circled in red on the screen to the left. Press [+] or [-] adjust the treatment time.

12 NMES — SET CONTRACTION TIME



Set Contraction Time

Press [S] button to set the contraction time and the "sec." will flash along with the symbol circled in red to the left. Then press [+] or [-] button to adjust the time.

13 NMES — SET RELAXATION TIME



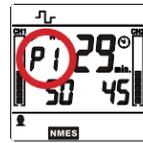
Set Relaxation Time

Press [S] button again to set the relaxation time and the "sec." will flash along with the symbol circled in red to the left. Then press [+] or [-] button to adjust the time.

After you finished settings, press [S] or [⏻] button to confirm, the device will back to standby status.

To **set your treatment time** refer back to **Step 5**. To **start your treatment** refer back to **Step 7**.

14 NMES — SET PRESET PROGRAMS — P1 & P2



Select Treatment Mode

Press [M/II] button to select the **NMES** treatment mode. Select the body part which you want to treat. Press the body part button until the LCD displays program "P1" or "P2" like the screen on the left.

To **set your treatment time** refer back to **Step 5**.
To **start your treatment** refer back to **Step 7**.

15 IF — SETTING THE MANUAL PROGRAM — U1

To **set your IF (Interferential) Manual Program** refer back to **Step 5**, then return to **Step 16**.

16 SET PULSE WIDTH



Pulse Width

Press [S] button to enter the pulse width and the "µs" will flash. Press [+] or [-] button to adjust the pulse width.

17 SET PULSE BEAT (LOW & HIGH)



Set Pulse Beat (Low & High)

Press [S] button to enter the pulse beat and the "Hz" will flash. Press [+] or [-] button to adjust pulse beat.

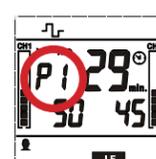
18 SET CYCLE TIME



Set Cycle Time

Press [S] button to set the cycle time and the "sec." will flash and you will see the image circled in red on the screen to the left. Then press [+] or [-] button to adjust the treatment time.

19 IF — SET PRESET PROGRAMS — P1 & P2



Select Treatment Mode & Body Part

Press [M/II] button to select the **IF** treatment mode. Select the body part which you want to treat. Press the body part button until the LCD displays program "P1" or "P2" like the screen on the left.

To **set your treatment time** refer back to **Step 5**.
To **start your treatment** refer back to **Step 7**.

20 RUSS — SETTING THE MANUAL PROGRAM — U1

To **set your RUSS (Russian) Manual Program** refer back to **Step 5**, then return to **Step 21**.

21 RUSS — SET RAMP UP TIME



Set Ramp Up/Down Time

Press [S] button to set the ramp up and down time and the "sec." will flash and you will see the below image circled in red on the screen. Press [+] or [-] adjust the treatment time.

22 RUSS — SET CONTRACTION TIME



Set Contraction Time

Press [S] button to set the contraction time and the "sec." will flash along with the symbol circled in red to the left. Then press [+] or [-] button to adjust the time.

23 RUSS — SET RELAXATION TIME



Set Relaxation Time

Press [S] button again to set the relaxation time and the "sec." will flash along with the symbol circled in red to the left. Then press [+] or [-] button to adjust the time.

After you finished settings, press [S] or [⏻] button to confirm, the device will back to standby status.

To **set your treatment time** refer back to **Step 5**.
To **start your treatment** refer back to **Step 7**.

24 RUSS — SET PRESET PROGRAMS — P1 & P2



Select Treatment Mode & Body Part

Press [M/II] button to select the **RUSS** treatment mode. Select the body part which you want to treat. Press the body part button until the LCD displays program "P1" or "P2" like the screen on the left.

To **set your treatment time** refer back to **Step 5**.
To **start your treatment** refer back to **Step 7**.

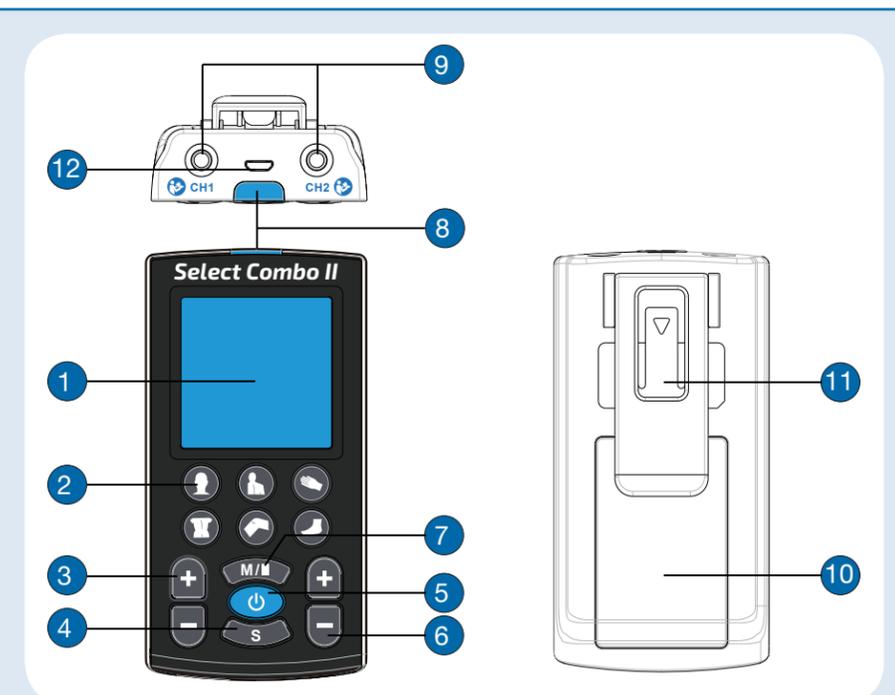


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Model: DI2195



The purpose of this guide is to assist you in correctly operating your InTENSity™ Select Combo II TENS/NMES/IF/RUSS (DI2195) unit. This device should only be used under the continued supervision of a licensed physician. This guide is not intended to replace or substitute the InTENSity™ Select Combo II Instruction Manual. **PLEASE READ THE INSTRUCTION MANUAL COMPLETELY BEFORE USING THIS DEVICE.** Read, understand and practice the IMPORTANT SAFETY PRECAUTIONS AND WARNINGS found on pages 6 – 12 of your user manual. Always follow the operating instructions prescribed by your healthcare provider.



- 1 LCD Display
- 5 Power Button
- 9 Lead Wire Output Sockets
- 2 Body Part Selection
- 6 Channel 2 intensity buttons
- 10 Battery compartment cover
- 3 Channel 1 Intensity Buttons
- 7 Pause Button
- 11 Belt Clip
- 4 Set Button
- 8 LED Charging Indicator Light
- 12 USB Charging Port