

Protecting you and your patient

Mölnlycke® Tortoise™ Turning and Positioning System

The air pocket under the gluteal fold together with an anti skid material on the mat acts a brake and limits the patient from sliding down the bed.

The combination of a low friction mat, positive air displacement and different sets of handles makes turning and repositioning easier and helps protect caregivers.

The positioning mat protects the sacrum by filling in the gap below the gluteal fold through positive air displacement. It does not only protect the patient in the ICU, but throughout the patient's hospital journey such as A&E or Imaging.

55%

REDUCTION
IN CAREGIVER
INJURIES¹

CONTINUOUS pressure ulcer prevention:



- ✓ Provides continuous pressure redistribution
- ✓ Supports any degree of microturn to increase efficiency
- ✓ Can be used to create any degree of turn required by the patient's condition
- ✓ Reduces the risk of caregiver injury¹
- ✓ Reduces the risk of the patient falling or sliding down in bed
- ✓ Approved for lateral transfer and MRI to minimise lifting

How to use Mölnlycke® Tortoise™ and Z-Flo™ Fluidised Positioner

Shoulders: The pad should always be at or below the patient's shoulders

Edge: Black edges should always be at the bed edge

Tail: The tail should always be tucked by using handles to maintain proper position



To use in the supine position

- 1 Place the patient in the center of the pad with green side up and with a draw sheet under the patient. Align patient's shoulders with the tip of the pad. The bottom air bolster should fall below the patient's gluteal fold.
- 2 Use the white handles to engage the tail by tucking it under the pad towards the sacrum. The black non-skid material should be tucked under the pad, against the fitted sheet.
- 3 Tuck the handles under the pad or down along the side of the bed between the mattress and the rail. Raise side rails to reduce risk of falls. Elevate head of the bed if needed.

To turn patient

- 4 Grasp the black handles palms facing upwards shoulder width apart. To turn the patient, slowly pull the mattress pad towards you using your body weight to take one step back until appropriate angle is achieved. Another person should place the fluidised positioner between the pad and the mattress from the scapula down towards the buttock and should be molded towards the body to increase the degree of turn.
- 5 Allow the patient to ease back onto the mattress pad. This displaces the air inside the pad and helps to redistribute pressure on the lower hip.

Boosting

- 6 Locate the white boosting handles.
- 7 With arms a hip distance and weight evenly distributed, use appropriate ergonomics to boost the patient up in the bed. Follow institutional protocol for head and arm positioning. Use the white handles to engage the tail by tucking it under the pad towards the sacrum and tuck the sides of the pad. The black non-skid material should be tucked under the main pad, against the bed fitted sheet.

Steps for making the bed including a Tortoise

Positioner:

1. Fitted bottom sheet over mattress then Tortoise on top
2. One top sheet
3. One disposable incontinence pad
OR
Two incontinence pads if needed to protect from excessive body fluids
4. Clean as appropriate for isolation type with hospital approved wipes

Ordering Information

Art. no	Product name	Dimensions	Price Per piece	Pcs/TRP	TPS Code
1400800	Mölnlycke Tortoise Standard T&P system	Standard pad and Medium Positioner (16" x 30")	£160.67	1	1400800
1400801	Mölnlycke Tortoise bariatric T&P system	Bariatric pad and Large Positioner (25" x 36")	£332.70	1	1400801
1400802	Mölnlycke Tortoise Standard T&P system Prone	Standard pad, Medium Positioner (16" x 30") Prone pad and small positioner with tab (12 x 20")	£414.50	1	1400802

References: 1. Trevellini, A. Connecting the dots: Pressure ulcer prevention and safe patient handling. Oral presentation at Wound Ostomy and Continence Nurses Society and Canadian Association for Enterostomal Therapy Joint Conference, Montreal, Canada, 2016.

Find out more at www.molnlycke.co.uk

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