



NDC 0904-5675-16

Compare to the Active Ingredient in CITRUCEL®*

DIRECTIONS FOR USE:



1. Fill glass with at least 8 ounces of cold water.



2. Add the adult or child dose listed in directions.



3. Stir briskly until dissolved and drink promptly. Drinking an additional glass of water is helpful.

GLUTEN FREE

Drug Facts

TAMPER EVIDENT: DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING.

Active ingredient (in each 19 g adult dose/ rounded tablespoon)

Methylcellulose 2g (a non allergenic fiber).....Bulk-forming fiber laxative

Purpose

Uses • relieves constipation (irregularity) • helps restore and maintain regularity • for treating bowel disorders when recommended by a doctor • generally provides effect in 12-72 hours

Warnings

CHOKING: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have • abdominal pain, nausea or vomiting • a sudden change in bowel habits that persists over a period of 2 weeks • sensitivity to any of the ingredients

Stop use and ask a doctor if • you have rectal bleeding • you fail to have a bowel movement after use. These could be signs of a serious condition.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-2222.

Directions MIX THIS PRODUCT (CHILD OR ADULT DOSE) WITH AT LEAST 8 OUNCES (A FULL GLASS) OF WATER OR OTHER FLUID. TAKING THIS PRODUCT WITHOUT ENOUGH LIQUID MAY CAUSE CHOKING. SEE CHOKING WARNING. • use product at the first sign of constipation or irregularity • put one dose in a full glass of cold water • stir briskly and drink promptly • drinking another glass of water is helpful

Age	Dose
adults & children 12 years of age and over	one rounded tablespoon. (19 g) in 8 ounces of water fluid up to 3 times daily at the first sign of constipation or irregularity
children 6-12 years of age	half the adult dose in 8 ounces of water once daily
children under 6 years of age	ask a doctor

Other information • each adult dose contains approximately • 3 mg of sodium • 105 mg potassium • contributes 60 calories from sucrose and sorbitol • store at room temperature • protect contents from humidity • Keep tightly closed

Inactive ingredients citric acid, FD&C yellow 6 aluminum lake, flavor (natural and artificial), maltodextrin, potassium citrate, silica, sucrose

Questions or comments? 1-800-616-2471

FIBER THERAPY

ORANGE FLAVOR

Methylcellulose
Easy to Mix • No Gritty Texture
100% Soluble Fiber for Controlled Regularity

NET WT 16 OZ (454 GRAMS)

*This product is not manufactured or distributed by GlaxoSmithKline the distributor of CITRUCEL®.

DISTRIBUTED BY

MAJOR PHARMACEUTICALS

17177 N Laurel Park Drive, Suite 233

Livonia, MI 48152, USA

M-107 REV. 06/17

Re-order No. 263203

LOT:

UNVARNISHED AREA FOR LOT AND EXP.

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