

POTENCY  
GUARANTEED



Re-Order No.  
700214

# High Potency Vitamin & Mineral Supplement Fortified with Beta-Carotene

THIS PRODUCT FOR HOUSEHOLDS WITHOUT YOUNG CHILDREN

1000 Tablets

 **MAJOR®**

**NEW  
Formula &  
Appearance**

## Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin A (as Acetate and Beta Carotene)	5000 IU 100%
Vitamin C (as Ascorbic Acid)	90 mg 150%
Vitamin D-3 (as Cholecalciferol)	400 IU 100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	60 IU 200%
Vitamin K (as Phytanadione)	28 mcg 35%
Vitamin B-1 (as Thiamine Mononitrate)	3 mg 200%
Vitamin B-2 (Riboflavin)	3.4 mg 200%
Niacin (as Nicotinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine HCl)	6 mg 300%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	12 mcg 200%
Biotin	30 mcg 10%
Pantothenic Acid (as Calcium Pantothenate)	10 mg 100%
Calcium (as Dicalcium Phosphate)	40 mg 4%
Iron (as Ferrous Fumarate)	9 mg 50%
Phosphorus (as Dicalcium Phosphate)	31 mg 3%
Iodine (as Potassium Iodide)	150 mcg 100%

Amount Per Tablet	% Daily Value
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as Sodium Selenate)	70 mcg 100%
Copper (as Cupric Sulfate)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Chromic Chloride)	50 mcg 42%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Chloride (as Potassium Chloride)	7 mg <1%
Potassium (as Potassium Chloride)	7.5 mg <1%
Boron (as Sodium Borate)	150 mcg *
Nickel (as Nickelous Sulfate)	5 mcg *
Tin (as Stannous Chloride)	10 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *
Silicon (as Calcium Silicate)	2 mg *

\* Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Gelatin, Stearic Acid, Croscarmellose Sodium, Hypromellose, Magnesium Stearate, Crospovidone, Starch, Sodium Lauryl Sulfate, Citric Acid, Soy Polysaccharide, Dicalcium Phosphate, FD&C Red #40 Lake, Magnesium Silicate, Sucrose, Mannitol, Silica, Titanium Dioxide, Polyvinylpyrrolidone, FD&C Blue #2 Lake, Sodium Ascorbate, Sodium Benzoate, Triglycerides, Mixed Tocopherols, Sorbic Acid, Tricalcium Phosphate, Methocel, Ascorbyl Palmitate and BHT. **CONTAINS:** Soy ingredients.

**DIRECTIONS:** For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

**FREE OF:** Yeast, wheat, milk or milk derivatives, lactose, preservatives, artificial flavor.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

**STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

Distributed by: **MAJOR® PHARMACEUTICALS**  
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**Questions or Comments? (800) 616-2471**

Lot # & Exp. Date:

M-29 Rev 12/13