

Re-Order No.
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POTENCY
GUARANTEED

 MAJOR[®]

CertaVite[™]

with Antioxidants

Vitamin and Mineral Supplement

†Compare to Active Ingredients
of Centrum[®] Tablets

130 TABLETS

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% Daily Value
Vitamin A (as Acetate and Beta Carotene)	3500 I.U.	70%
Vitamin C (as Ascorbic Acid)	60 mg.	100%
Vitamin D-3 (Cholecalciferol)	400 I.U.	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 I.U.	100%
Vitamin K (as Phytonadione)	25 mcg.	31%
Vitamin B-1 (as Thiamine Mononitrate)	1.5 mg.	100%
Vitamin B-2 (Riboflavin)	1.7 mg.	100%
Niacinamide (as Vitamin B-3)	20 mg.	100%
Vitamin B-6 (as Pyridoxine HCl)	2 mg.	100%
Folic Acid	400 mcg.	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg.	100%
Biotin	30 mcg.	10%
Pantothenic Acid (as Calcium Pantothenate)	10 mg.	100%
Calcium (as Dicalcium Phosphate and Calcium Carbonate)	200 mg.	20%
Iron (as Ferrous Fumarate)	18 mg.	100%
Phosphorus (as Dicalcium Phosphate)	20 mg.	2%
Iodine (as Potassium Iodide)	150 mcg.	100%
Magnesium (as Magnesium Oxide)	50 mg.	13%
Zinc (as Zinc Oxide)	11 mg.	73%
Selenium (as Sodium Selenate)	55 mcg.	79%
Copper (as Cupric Sulfate)	0.5 mg.	25%
Manganese (as Manganese Sulfate)	2.3 mg.	115%
Chromium (as Chromium Picolinate)	35 mcg.	29%

Supplement Facts (continued)

Serving Size: 1 Tablet

Amount Per Serving		% Daily Value
Molybdenum (as Sodium Molybdate)	45 mcg.	60%
Chloride (as Potassium Chloride)	72 mg.	2%
Potassium (as Potassium Chloride)	80 mg.	2%
Tin (as Stannous Chloride)	10 mcg.	*
Nickel (as Nickelous Sulfate)	5 mcg.	*
Boron (as Boric Acid)	75 mcg.	*
Vanadium (as Sodium Metavanadate)	10 mcg.	*
Silicon (as Silicon Dioxide)	2 mg.	*

* Daily Value not established.

OTHER INGREDIENTS: Stearic Acid, Gelatin, Croscarmellose Sodium, Microcrystalline Cellulose, Hypromellose, Titanium Dioxide, Crospovidone, Acacia, Maltodextrin, Dicalcium Phosphate, Magnesium Stearate, Corn Starch, Triacetin, Magnesium Silicate, Mineral Oil, Sucrose, Mannitol, Silica, Sodium Ascorbate, FD&C Yellow #6 Lake, Mixed Tocopherols, Triglycerides, Polyvinylpyrrolidone, Sodium Benzoate, Tricalcium Phosphate, Sorbic Acid, Ascorbyl Palmitate and BHT.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care provider.

FREE OF: Yeast, wheat, milk or milk derivatives, lactose, artificial flavor, sodium (less than 5 mg per serving).

†This product is not manufactured or distributed by Pfizer Consumer Healthcare, owner of the registered trademark Centrum[®].

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medication or planning any medical procedure, consult your doctor before use. Avoid this product if you have Wilson's disease. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Distributed by:
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